

Adults need vaccinations too

Help protect yourself against serious diseases before they happen

Why might adults need vaccinations?

You do not outgrow your need for vaccinations:

- Some vaccinations given in childhood may not protect a person for the rest of their life
- New vaccines have been developed that were not around when many adults were kids
- Adults may be at greater risk for some vaccine-preventable diseases or their complications

Which vaccinations might some adults need?

The CDC* recommends vaccinations for adults, depending on age and risk of infection.

Recommended adult vaccinations may include:

- Tdap (tetanus, diphtheria, pertussis [whooping cough])
- HPV (human papillomavirus)
- Varicella (chickenpox)
- MMR (measles, mumps, rubella)
- Influenza (flu)
- Hepatitis A
- Hepatitis B
- Meningococcal (meningococcal disease)
- Pneumococcal (pneumococcal infections)
- Zoster (shingles)

**Talk to your healthcare provider to see
which vaccinations may be right for you.**

* Centers for Disease Control and Prevention



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